

Volunteer Medical Form

Approved by PUB Board of Directors



Please complete form and return to Cathy & David Downham 4 months prior to arrival in Thailand.

Project Umbrella Burma is a registered charitable organization which provides funds for Dr. Cynthia Maung's Mao Tao Medical Clinic in Mae Sot, Thailand and for students living at the Kaw Tha Blay Hostel in the Mae La Refugee Camp on the Thai/Burma border. Volunteers, from Canada, travel to Thailand and participate in assisting Project Umbrella Burma's work being carried out in the Clinic and/or at the Hostel in accordance with the instructions of Dr. David Downham and/or Catherine Downham. Conditions may vary from locale to locale and the volunteer may be faced with extremes of heat and humidity, exposure to unfamiliar food and sanitary conditions, lifting and bending for periods of time, and airplane travel of long duration. Medical attention is not always readily available to our volunteers. With this in mind, we ask you to complete this medical form.

To be completed by **Volunteer**

Volunteer's Name _____

Volunteer's Address _____

Telephone Number _____

Travel Dates From _____ To _____

Health Care Provider & Number _____

To be completed by **Physician**

1. Is the volunteer healthy to travel as above?

Yes _____ No _____

2. Do you have any concerns that the volunteer is emotionally or psychologically unsuited to the travel program and/or work demands?

Yes _____ No _____

3. Are the volunteer's vaccinations for areas of travel, including south-east Asia up to date?

Yes _____ No _____

4. How many years have you known the volunteer? _____

Volunteer Medical Form

(Continued)



Current Medications

Drugs

Condition

Comments

Name of Physician _____

Office Address _____

Office Telephone Number _____

Physician's Signature _____

Date Form Completed _____

Note to Volunteer

If your medical condition changes after your physician signs this release, it is your responsibility to notify Cathy and David Downham and the Project Umbrella Burma Office.

This form will be kept in a confidential file at:

Project Umbrella Burma

c/o John Mayo,

A-190 Memorial Avenue,

Orillia, Ontario, L3V 5X6

Telephone 705-326-0891

Until your return at which time it will be returned to you upon request.